SCOT Analysis

The SCOT analysis is a great way to evaluate your personal Strengths and Challenges and external Opportunities and Threats to the job search. Complete the chart below, then use it to develop your job search plan of action.

|  |  |  |
| --- | --- | --- |
|  | **Helpful** | **Harmful­­­** |
| **Internal** | **Strengths** | **Challenges** |
| **External** | **Opportunities** | **Threats** |

## Plan of Action

1.

2.

3.

4.

5.

(Add more items as needed)